

BECOME A **READY, SET, GO!** FITNESS STAR...

Complete the Five Components of Fitness and earn one of the following:

1st Time

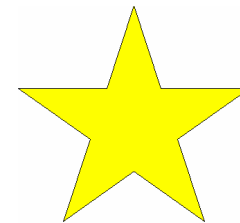
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RSG
Star
Patch

2nd Time

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Yellow
Star
Patch

3rd Time

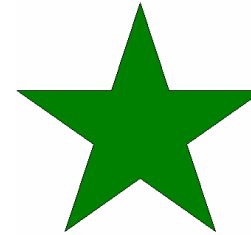
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Red
Star
Patch

4th Time

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**Green
Star
Patch**

5th Time

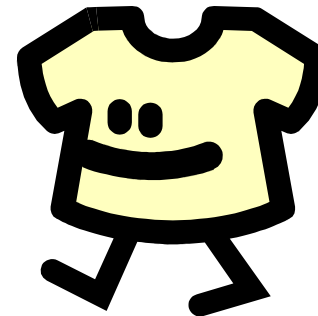
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**Water
Bottle
with
Logo**

6th Time

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**T-Shirt
with
Logo**