



ADULT GROUP FITNESS TRAINING

Winter Schedule 2010



**Multiple
Class
Discounts!**

Monday	Wednesday	Thursday	Friday
Power Hour 1:00-1:45 pm	Kickboxing 9:30-10:15 am	Kickboxing 9:30-10:15 am	Power Hour 10:30-11:15 am

Please ask front desk for session details & pricing.

603 South Union Lawrence/Andover Line

978-685-7704

www.rsgfitness.com